

CAMP RANDALL ROWING CLUB
WeCanRow - Athlete Code of Conduct

Camp Randall Rowing Club (CRRC) aims to offer high quality rowing programs. We are committed to creating a safe and positive environment for athletes, coaches and volunteers. For this reason, WeCanRow (WCR) athletes are asked to read, sign and comply with the WCR Athlete Code of Conduct.

1. Recognize mission of WCR as a noncompetitive, health & fitness rowing program designed to incorporate female cancer survivors at any stage of recovery.
2. Follow direction from coaches. Maintain respectful attitude toward their leadership.
3. Use words that encourage others and treat other rowers with respect. Refrain from all forms of misconduct, which include bullying, harassment, hazing, and emotional, physical and sexual misconduct. CRRC proudly complies with USRowing Safe Sport policies as established by the United States Olympic Committee.
4. Make every effort to arrive promptly to practice and communicate practice attendance and/or conflicts, late arrivals, etc. with WCR captains/coaches.
5. Clearly communicate with coaches regarding any and all physical limitations and impairments which may affect abilities/performance on and off the water.
6. Always practice good sportsmanship. Accommodate and assist fellow rowers, if needed or asked.
7. Respect CRRC property and facilities. Promptly report damages to Head Coach.
8. All electronic communication (including social media) should be professional in nature, for the purpose of communicating information about team activities and should reflect positively on coaches, athletes, volunteers and CRRC.
9. Prior to practice or race, refrain from drinking alcohol or being under the influence of other control substances that may cause impairment.

Steps for grievance communication and resolution:

- (1) Make every effort to communicate in a respectful manner directly with individual with whom you have difference/conflict
- (2) If personal resolution does not occur, communicate with coaches & captains and group discussion will take place.

- (3) One or more CRRC Board members/committee may become involved in group discussion/mediation.
- (4) Participant(s) may be asked to suspend involvement in WCR if resolution cannot be reached.

CRRC/WCR rowing program is designed to be a fun, safe and healthy place for female cancer survivors to learn and participate in the sport of rowing. Each rower's positive attitude, sense of fairness and respect, and desire to cooperate are expectations for all participants. Together we can make CRRC/WeCanRow-Madison the best it can be!

Signature_____Date_____