

CAMP RANDALL ROWING CLUB

Athlete Code of Conduct

Camp Randall Rowing Club (CRRC) aims to offer high quality rowing programs. We are committed to creating a safe and positive environment for athletes, coaches and all members of the club community. For this reason, athletes are asked to read, sign and comply with the CRRC Athlete Code of Conduct.

1. Practice good sportsmanship. Treat athletes, coaches and volunteers with respect.
2. Comply with CRRC boathouse safety rules and expectations.
3. Respect all property and facilities of Camp Randall Rowing Club. Promptly report damage to Head Coach.
4. Commit to attending all practices on time and staying for the duration.
5. Put forth your best effort in training and competition.
6. Use of or being under the influence of tobacco, alcohol, or controlled substances is prohibited.
7. Athletes may not leave the regatta or any location where the team is located during travel (ie, regatta location, hotel, restaurant, etc).
8. Inform a coach immediately in the event of illness, injury or other impairment.
9. Refrain from all forms of misconduct, which include but is not limited to bullying, harassment, hazing and emotional, physical and sexual misconduct. CRRC proudly complies with USRowing SafeSport policies as established by the United States Olympic Committee.
10. Engagement in electronic communications (including social media) between athletes, coaches and volunteers must be for the purpose of communicating information about team activities and should reflect positively on athletes, coaches, volunteers and CRRC.
11. Cultivate healthy lifestyle habits, including proper nutrition, hydration and rest, to achieve optimal athletic performance.
12. Comply with the CRRC Athlete Code of Conduct and encourage teammates who may have difficulty following this agreement

Steps to Resolution:

Some code violations can be resolved through good communication and problem solving. In the event a serious violation occurs, an Incident Report should be completed. Depending upon the nature and severity of the violation, athletes may be suspended temporarily or permanently from the rowing program, races and other team activities.

Athlete Signature _____ Date _____

Parent/Guardian Signature _____