

TOBACCO, ALCOHOL & SUBSTANCE ABUSE POLICY

Camp Randall Rowing Club recognizes that substance abuse can be a significant health problem for many adolescents. The use and abuse of tobacco, alcohol & controlled substances (unless under a doctor's prescription) is illegal and compromises the health and safety of athletes and teammates. The following policy has been designed to assist CRRC athletes in maintaining healthy lives free from substance abuse, and create a positive, healthy environment for CRRC participants.

CRRC will strictly enforce the following rules: An athlete shall not, regardless of the quantity, use or consume, possess, buy/sell or give away:

- any beverage containing alcohol
- any tobacco product (Including e-cigarettes, vap pens and all similar devices)
- marijuana, steroids, performance-enhancing drugs, or any controlled substance

This policy applies to the entire rowing season and is in effect seven days a week, twenty-four hours a day.

****It is not a violation of this policy for a student to be in possession of or to use or consume a legally defined drug specifically prescribed for the student's own use by his/her doctor.**

VIOLATIONS

Violations of CRRC's Tobacco, Alcohol & Substance Abuse Policy should be reported to Head Coach , a CRRC board member, or a member of relevant CRRC committee for evaluation. A SafeSport Incident Report Form should be completed and submitted. Options for reporting are included on form.

A. First Violation: The athlete shall have an opportunity to be heard at a conference with the Head Coach, along with parents, other members of coaching staff, and/or relevant committee member(s). If it is concluded that a violation of this policy has occurred:

- the student shall lose eligibility for participation in practices, regattas and club activities for a period of two weeks.

B. Second and subsequent violations: The athlete shall have an opportunity to be heard at a conference with the Head Coach, along with parents, other members of the

coaching staff, and/or relevant committee member(s). If it is concluded that a second or any subsequent violation of this policy has occurred:

- the athlete shall lose eligibility for participation in practice, regattas and club activities for the remainder of the season.
- the athlete shall forfeit all registration fees for that season.

C. Reinstatement of eligibility: following suspension, the athlete shall have the opportunity for reinstatement as an active member of CRRC under the following criteria:

- Conference with Head Coach, along with parents, other members of the coaching staff, and/or relevant committee member(s).
- Successful completion or participation in a CRRC Board approved chemical dependency or treatment program (this includes, but is not limited to AA, NA, outpatient counseling, inpatient program) as deemed appropriate by CRRC Head Coach and other relevant board/committee members.