

## Camp Randall Rowing Club – Feb 21 2016

### Parent Meeting – Agenda

**(Please keep this packet for future reference)**

Welcome! Karen Tardrew & Melissa Waldvogel - JPC Co Chairs

Introductions of Captains and Coaching Staff -Leslie Dressler

We Can Row – Mary Jeanne

Parental Involvement Requirements -Karen & Melissa

Intro to JPC Chairs - Karen & Melissa

Food committee updates - Caroline Pope

Ergathon: March 2, 2016 – Barb Beckett (4:30-6:30)

Bowling Event: Feb 27; 4-6pm – Sara Pfau (Union South)

Monona Invite: April 24 – Melissa, Sue Gaard, Jenna Hansen; sign up is open, volunteers needed

Mark Calendars: Spring Training Trip: Mar 18-Mar 26, 2016

Code of Conduct: <http://camprandallrc.org/wp-content/uploads/2014/04/Code-of-Conduct.pdf>

Spring & Summer Season/Racing Schedule:

- Dual Race vs St Louis March 26 (In St. Louis)
- Monona Invite (**we host**) April 24 **ALL HANDS ON DECK**
- GCJRC Crystal Lake, IL May 7 (no buses to this race)
- Midwest Junior Championship (Cincinnati, OH) May 20-22
- Nationals (New Jersey) (varsity boats, if qualify) June 9-12 (*additional fees*)
- Twin Cities July 23- 24
- Optional (*additional fees*): Chicago Sprints July 9-10

Awards Banquet and Dance- June 3<sup>rd</sup> (at the boathouse)

Communication- We have many ways to keep informed! Sign up for all!!

NOVICE Families: Q and A

### Coaching Staff:

- BOATHOUSE MANAGER: Mitchell King
- GIRLS VARSITY: Leslie Dressler
- GIRLS ASSISTANT: Amanda Kaibler-Short
- GIRLS NOVICE: Shayla Dvorak
- BOYS VARSITY: Mohan Mondali
- BOYS ASSISTANT: Mitchell King
- BOYS NOVICE: Christophe Delaunay
- MIDDLE SCHOOL EXPERIENCED: Kristen Cole, Anna Schenk
- WE CAN ROW: Melinda Miles

### Spring / Summer Schedule:

- January 4, 2016 – March 11, 2016: Monday-Friday from 4:30-6 PM
- Scholarship Application due March 4th
- Spring Registration due March 11<sup>th</sup>
- March 14, 2016 – March 17 4:30-6:30
- Spring Training Trip to TN and St. Louis (March 18 – March 26) ; experienced 8<sup>th</sup> graders may join this trip
- March 28 (no practice)
- March 29 to June 9; Monday – Friday, 4:30-6:30PM
- Saturday practices begin April 2 – June 4, 7-9 AM
- 4/15/16 although MMSD is not in session, CRRC WILL practice!
- 4/25/16; no practice (following the Monona Invite)
- 5/23/16, no practice (following Midwest)
- Memorial Day weekend will hold a REGULAR practice schedule for varsity boats that qualify for Nationals
- Week of June 13<sup>th</sup> – no practice
- June 20<sup>th</sup> – July 8<sup>th</sup>; Juniors practice from 6-8am (no practice July 4 and 11)
- July 9 & 10; Chicago Sprints (**optional regatta**/additional fee)
- July 11<sup>th</sup> – July 29<sup>th</sup>; Juniors practice from 6-8am (no practice July 25<sup>th</sup>)
- July 23<sup>rd</sup> – July 24<sup>th</sup>; Twin Cities Regatta; included in spring fee; **mandatory**
- July 28<sup>th</sup>; end of summer potluck (all WCR, Juniors, Middle School and HS LTR)
- Fall practices will start on August 22<sup>nd</sup>

## **The Junior Parent Committee supports the coaching staff and the rowers.**

- Collect registrations, emergency info, keep records
- Manage fundraisers for club
- Manage meetings, help with regattas, clothing, recruitment.

**Chairs:** Karen Tardrew (outgoing spring 2016); Melissa Waldvogel; Mark L Lilleleht

**Registrars:** Kelsey Stetzenbach & Caroline Pope

**Scholarship Committee** (Event Coordinator & Bucky's Locker Room) : Rene Heiden (outgoing spring 2016); Tim Virnoche ; Barbie Pietz and Tim Asplund

**Regatta Food:** Katrine and Scott Rajski (outgoing spring 2016); Caroline Pope

**Regatta Camp / Equipment Crew:** Pete Fass & Jeff Beckett

**Travel:** Cynthia Anderson

**Clothing:** Charlotte Fass & Angela Neidigh

**Website:** Jenna Hansen

**OARacle & Communication:** Sir Williams & Mary Clare Kull

**Outreach & Recruitment:** open position

**Social:** Sarah Pfau & Barbara Beckett

**Ergathon:** Barbara Beckett & Mark L Lilleleht

**Summer Programming:** Kris Marlow (outgoing spring 2016); Barbie Pietz and Tim Asplund ; Jane Raichle

**Groundskeepers:** Chuck Linsenmeyer

**Grant writing:** Melinda Carr & Laurie S. Z. Greenberg

**First Aid:** Sara Christiansen

**Monona Invite:** Melissa Waldvogel, Susan Gaard and Jenna Hansen

## **CRRC Family Volunteer Requirement- Three Requirements**

**1) Regatta Food / Bin Transportation** – The club will provide most of the food rowers need while they are at regattas and on spring break. For 2015-16, Kat and Scott Rajski chair this committee. Signups are posted for each regatta through Sign Up Genius. Families are expected to donate food (fruit, baked goods) to supplement the food the club provides. Assistance is also needed to transport bins and coolers from either the regatta or Cops (where the bus picks up/drops off for regattas) to the JPC parents home who stores the bins. There are approx. 10-12 coolers and bins needed for each regatta. *You do not have the option to opt out of this requirement.*

**2) Monona Invite** – The club hosts a regatta each spring. Four teams will attend. *Assistance will be needed from each family.* There are tasks that need to be done prior to the regatta and the day of the regatta. These efforts are being led for 2016 by Melissa Waldvogel, Jenna Hansen and Sue Gaard. Sign up available through Sign Up Genius.

### **3) Scholarship Fundraising Events**

Despite our recent growth, we are still a small volunteer-run rowing club. We ask families to work a minimum of 1 scholarship fundraising event (with your rower). That being said, while some events are geared towards parents, we expect every rower to volunteer at least once. ***You may opt out of participation by making a \$200 contribution to the CRRC Scholarship Fund. This payment is due by April 1, 2016. Mail payment to CRRC, PO BOX 258160, Madison WI 53725-8160.***

***Madison marathons*** – (Memorial Day weekend) – approx. 46 volunteers each, ages 10 and up—shifts range roughly from 1 hour (50%), 2.5hours (30%) and 4 hours (20%). Most intersections need at least two people; some intersections need parents. Great family event!

***More fundraising opportunities will be offered during the summer months.***

**Please consider additional opportunities, if you are able.**

#### **Parent only bonus events:**

***Great Dane Social – March 26;*** approx. two hours prior to the buses arriving back in Madison from St. Louis. Estimated from 4-6pm.

***Madison Water Expo - May 15*** – at Brittingham Park; need parents to be available to answer questions relating to CRRC; from approx. 10am to 2pm – more information to follow

***Learn to Row Day - June 4*** – at Mendota Rowing Club's boathouse; will need parent assistance and rower assistance; more information to follow

***Shake the Lake – June 25*** - Coincides with firework event on Lake Monona; staff the beer tent at the Monona Terrace (Weekend prior to the Fourth of July—reflecting this year's structure, unknown how it may go in years to come) —18 to 20 volunteers – 6 hour shifts per volunteer; raise funds toward scholarship general scholarship fund.

***Boathouse Chaperones & Pick Up Chaperones*** – Parents are needed as Boathouse Chaperones to supervise the boathouse when kids when the teams are on the water. This helps insure that kids who either arrive late, leave early, or are doing land training are safe and supervised. (The boathouse chaperone is not needed during winter training.) Parents are also needed to wait at the end of each practice to insure all kids are picked up. Coaches have had a full day in by the time practice ends. This responsibility will fall on families who have rowers who can not drive and who do not ride their bikes. If you are a parent who waits at the boathouse for your child, please consider signing up to wait a few extra minutes at the end of practice. This program is really geared towards the kids who wait for parent rides at the end of practice.

***Chaperones*** - Occasionally, we will need additional chaperones for away regattas.

All signups will be listed on Sign Up Genius. Emails are sent through Sign Up Genius and through the Oracle. Please reach out to Melissa Waldvogel (Melissa.waldvogel@yahoo.com) if you do not receive the emails from Sign Up Genius.

<http://www.signupgenius.com/findasignup>

Use email address: [CampRandallRowingClub@gmail.com](mailto:CampRandallRowingClub@gmail.com)

#### **Mission Statement:**

Camp Randall Rowing, Inc., (Camp Randall) is a 501(c)(3) nonprofit corporation that has grown from an informally organized rowing club formed in 1995 into a community-wide volunteer organization offering junior competitive, senior, development camp and learn to row programs.

Camp Randall's primary purpose is to foster national and international rowing by supporting and developing amateur athletes for national and international competition in the sport of rowing. The overall purpose of all the programs is to encourage, develop, instruct and train young men and women in the sport of competitive rowing; to encourage and develop community-wide amateur competition in the sport of rowing; to solicit scholarships to support Junior and Middle School rowers and WeCanRow participants who otherwise would never have an opportunity to participate in the sport, and finally to promote lifelong healthy activities through an understanding and appreciation of the sport of rowing.

#### **AMAZON SMILES:**

##### *AmazonSmile Program Details*

AmazonSmile is a website operated by Amazon that lets you enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when you shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice.

<http://smile.amazon.com/gp/chpf/pd/>

## **STAY connected!!!!**

Communication - We have many ways to keep informed!

**Website:** [www.camprandallrc.org](http://www.camprandallrc.org)

**Email:** [camprandallrowingclub@gmail.com](mailto:camprandallrowingclub@gmail.com)

**Facebook:** Camp Randall Rowing Club Parent's Page – post photos, ask questions!

**OARacle Newsletter:** All the news you need about what's going on at CRRC is sent via the OARacle. Please sign up on our webpage. You will find it in the right side-bar under "Subscribe to OARacle".

**Sign-up Genius:** You should be receiving emails about signing-up for volunteer spots! If not, go to: [www.signupgenius.com](http://www.signupgenius.com) and search for a sign-up under our email address.

**Twitter:** Follow Camp Randall on Twitter To sign up, simply text Follow rowCRRC to the # 40404. There's no extra charge beyond what your regular texting costs. You can also follow our twitter account online at [www.twitter.com/rowCRRC](http://www.twitter.com/rowCRRC).

**Other:** Youtube and Instagram

Camp Randall Rowing Club – Spring Break Training Itinerary, LaFollette TN  
Friday March 18 – Saturday March 26, 2016

GENERAL INFORMATION

Rowers will miss school on Friday March 18. Please make arrangements for make-up work and bring homework. Before rowers may board the bus (Deadline Fri March 11): Rowers must have (1) ALL registration forms completed; (2) club dues paid; (3) code of conduct signed; (4) electronic US rowing waiver signed. Rowers and chaperones must review the CRRC code of conduct.

Loading trailer and U Haul: Rowers are required to be at the Boathouse Wed March 16 & Thurs March 17 from 4:30-6:30pm to help load equipment and boats.

What to pack: Sack lunch for the bus ride, sleeping bag, pillow, bath and beach towels, overnight bag for bus home & St Louis, training clothes, racing clothes (uni/tank), CRRC spirit gear, running shoes, casual clothes (temp 40-80 degrees), extra socks, toiletries, swimsuit, hat, sunscreen, sunglasses, water bottle, **clothes for cold weather**, rain gear, homework, extra money for shopping at Hammers.

Note: Cell phone reception is patchy if at all in TN and KY! Chaperones will send twitter/FB/Instagram updates.

Friday March 18

- 6:30 am Buses depart from Copps parking lot, 3650 University Avenue. Van Galder contact David Schmeling M-F 7a-5p, Sat 7a-3p, (800) 747-0994 x 1110. Driver cell phones will be exchanged prior to departure. Coaches assign rowers to buses. Captains take roll call. Bring sack lunch on the bus. Buses will stop for bathroom breaks but lunch will be eaten on the bus. Chaperones will carry medical forms, first aid kits on the buses.
- 1:00 pm Truck with boat trailer and U Haul depart for TN
- 5:30 pm (estimated) Dinner at Golden Corral near London, KY (606) 864-7062. Rooming lists will be announced on the buses after dinner.
- 9:30 pm (estimated) Arrive at Marina near Clinton, TN – 1042 Shanghai Road, LaFollette TN (423) 562-7651 phone; (423) 566-3820 fax.

Saturday March 19

- 7-8 am Move trailer to marina, set up dock, unload, rig and row! Chaperones pick up food order.

Sunday March 20 - Thursday March 24

- 6:30 am – 3 pm typical day of rowing
- All meals are arranged by chaperones in kitchen at the marina. Rowers clean up. Basic meals are two large meals daily (brunch and dinner) with snacks in early AM and between meals.
- Social spaces are living room and on top of house boats. Rowers not allowed in other rooms.
- 10 pm rowers in assigned rooms and 10:30 pm quiet time
- TBD: One afternoon hike at Smokey Mountain National Park, Chimney Tops Trail head, stop at Hammer's General Store, 1200 Charles G. Sievers Blvd, Clinton TN (865) 457-1436. Dinner at Big Ed's Pizza, 101 Broadway, Oak Ridge TN (865) 482-4885.

Thursday March 24

- PM load trailer and U Haul. Pack breakfasts for rooms and lunches for buses on Friday.

Friday March 25

- 6 am depart for St Louis. Lunch on the bus.
- 3 pm (estimated) Arrive at St Louis rowing club, 13777 Marine Ave, St Louis MO 63146. Rig and row. Dinner with St Louis rowers at their boat house. Rowers stay with St Louis Rowing Club families. Coaches, chaperones stay at Holiday Inn AIRPORT WEST EARTH CITY, 3400 Rider Trail South, St. Louis, MO 63045 1-314-291-6800. Chaperones stop for any additional food needed.

Saturday March 26 – ST LOUIS REGATTA

- 6:30 am rowers arrive at regatta with host families. Meals arranged by chaperones.
- Note to families – Restaurants are several miles away and limited snack food is available so bring food. There are few benches/little shade at regatta so bring chairs, rain and sun gear.
- 4-5 pm (estimated) Buses depart St Louis, dinner on the bus. Subs arranged by chaperones from Subway 1352 South 5<sup>th</sup> Street, St Charles, MO 4.3 miles (636) 947-7570.
- 10 pm (estimated ) Arrive Copps parking lot, Madison. Rowers call for pickup prior to arrival.

Monday March 28 – NO PRACTICE; Tuesday March 29 – Practice resumes

Chaperones: Pete Fass; Jeff Beckett (both driving truck/trailer); Mark Lilleleht (driving car); Angela Neidigh; Barbie Peitz; Barb Beckett; Melissa Waldvogel; Cynthia Wautlet-Anderson (driving car w/ Angela)

COACHES ON BUSES: Leslie, Amanda, Shayla, Mohan, Santi

TRUCK AND TRAILER: Pete Fass; Jeff Beckett (both driving truck/trailer);

U HAUL: Mitch and Christophe

Melissa Waldvogel 608-575-0031

Mark Lilleleht 608-354-6998

Pete Fass 608-692-0902

Jeff Beckett 608 - 445-0279

Angela Neidigh 608-628-5705

Barbie Peitz 608-213-8966

Barb Beckett 608-445-4032

Cynthia Wautlet-Anderson 608-239-2916

Mitch King 920-621-7581

Christophe Delaunay 201-563-2154

Mohan Mandali 603-738-0402

Leslie Dressler 608-213-5130

Shayla Dvorak 920-242-4821

Amanda Klaiber-Short 760-223-2064



## Greater Chicago Junior Rowing Championships

May 7, 2016 - Crystal Lake, IL

For more information, go to [www.gcjrc.org](http://www.gcjrc.org).

**Thursday, May 5, 2016:**

**All rowers must sign transportation info sheet in boathouse and talk to a coach directly by the end of practice time. You must indicate who you are riding with and which parent will be responsible for group. Athletes may NOT drive themselves to or from the regatta.**

**Friday, May 6: 4:15 PM:** Practice at Brittingham Boathouse and load trailer.

**What to pack:** Uniform (all competitors must wear their club colors on the water), warm-up clothes, hat, sunscreen, water bottle, rowing sandals or running shoes, clothes for cooler weather, rain-gear, homework, money for race t-shirt.

*All rowers and parents: please review the CRRRC Code of Conduct (found on the CRRRC website) and help everyone follow it.*

**Saturday, May 7:**

**4:30 AM:** Drivers depart BH with trailer (carry emergency health forms, US Rowing waiver list, first aid kits)

**5:30 AM:** Rowers depart Madison for Crystal Lake, IL, about a 100-mile drive. Athletes may not drive themselves to or from the regatta. The nearest street address is 300 Lake Shore Drive, Crystal Lake, IL 60014

**7:45 AM ETA: Arrive Crystal Lake.** Parking is available across the street from the Main Beach building (there will be parking volunteers to guide you).

**Food:** JPC Food Committee will provide a hot lunch to rowers. Watch Sign Up Genius for details. Rowers are encouraged to bring snacks and water.

**Rowers** - Report to CRRRC trailer to help unload and rig boats.

**Coaches' and Coxswains' Meeting** - 8:00am at the Main Beach building.

**Parents** – Come to the CRRRC tent for coffee and help with set-up.

**4:00 PM ETA** Racing ends.

**All athletes are REQUIRED to remain at the course until the last race has finished, helping load the trailer and cheer on their teammates.**

**Notes:** The regatta site is a shaded waterfront park in a residential area. Our families prepare hot breakfast and lunch for rowers. Limited amount of food and beverages will be available onsite for spectators to purchase. There are a limited number of restaurants within a 10-15 minute drive. Spectators are also welcome to bring food and drink into the park. No dogs allowed in park. Binoculars & chairs are definitely helpful

**Trailer:** Pete Fass & Jeff Beckett

**JPC Lead:** Mark Lilleht **JPC Food Lead:** Justin and Wendy Cruz

## 2016 Midwest Junior Rowing Championships

May 20-22, 2016 Bethel, OH

*Rowers will miss school on Friday, May 20 and will return late Sunday night (early Monday morning).*

*Please make arrangements for make-up work and bring homework.*

**THURSDAY, MAY 19: 4:15 PM** Practice as usual – load trailer.

**What to Pack:** Uniform (all competitors must wear club colors on the water); **water bottle**; warm-up clothes; hat; sunscreen; rowing sandals or running shoes; rain gear; money for race t-shirt if desired, clothing for non-racing times. **MAKE SURE TO BRING SLEEPING BAG/PILLOW** rooms are full!

**Please bring a sack lunch for Friday's bus ride – we will not stop for a meal.**

*All rowers and chaperones – please review the CRRC Code of Conduct and help everyone follow it!*

**FRIDAY, MAY 20: 5:00 AM** – Rowers and buses arrive at Copps-Hilldale 3650 University Avenue.

**5:30 AM** Bus departs. David Schmeling Regional Sales - VanGalder Bus; 608-320-2307 direct/cell

**3:00 PM ETA** – Rig and row at Lake Harsha

**6:00 PM (FIRM)** Dinner at Golden Corral, 4394 Glen Este-Withamsville Road, Cincinnati OH 45245 513-943-3700

**8:00 PM (FIRM)** Check in at DoubleTree Suites 6300 E. Kemper Road Sharonville, OH 45241 (513-489-3636)

**9:00 PM** All rowers in rooms.

**10:00 PM** Lights out

**SATURDAY, MAY 21: 5:30 AM** Bus departs for Lake Harsha

**6:30 AM** Coaches and coxswains meeting

Be aware that buses will NOT stay at the park during the day.

Chaperones will cook breakfast and lunch.

For race times see [www.regattacentral.com](http://www.regattacentral.com). Boats must qualify on Saturday to race on Sunday.

**7:00 PM** Team dinner at hotel.

**9:00 PM** All rowers in rooms.

**10:00 PM** Lights out.

**SUNDAY, MAY 22: 6:30 AM** Bus departs for Lake Harsha

Be aware that buses will NOT stay at the park during the day. Chaperones will cook breakfast and lunch. **Boats qualifying on Saturday race in petite and grand finals.**

**5:00 PM ETA** Depart Lake Harsha. Dinner and snacks provided on bus.

We will avoid stopping any longer than necessary to speed our return home to sleep.

**Midnight ETA** - Copps-Hilldale 3650 University Avenue. Rowers will call when approximately 30 minutes from Madison.

**MONDAY, MAY 23:** No practice.

**TUESDAY, MAY 24:** Unload trailer.

**Chaperones/Camp:** Karen, Melissa

**Trailer/Chaperones in Ohio:** Jeff Beckett 608-445-0279. Pete Fass 608.692.0902

**Coaches:** Leslie, Mohan, Amanda, Mitch, Shayla, Christophe

**36th Annual Chicago Sprints Lincoln Park, IL**  
**July 9-10, 2016**  
**TENTATIVE SCHEDULE**

Camp Randall Rowing Club will be traveling to the Chicago Sprints on July 9-10, 2016. It's the 36th annual Chicago Sprints! Don't miss it! Tell your family and friends to come to Lincoln Park Lagoon for two great days of racing! Merchandise and concessions available for purchase. Since its inception in 1910, Lincoln Park Boat Club has hosted competitive rowing regattas at its Lincoln Park Lagoon site and for the last 35 years, those competitions have centered on the annual Chicago Sprints Regatta. The Chicago Sprints is one of the largest competitive regattas in the region, drawing junior, collegiate and masters programs from throughout the Midwest and the top five largest non-collegiate sprint regattas in the Nation.

**What to pack:** Uniform (all competitors must wear their club colors on the water), hat, water bottle, sun screen, clothes for cooler weather, rain-gear, money for race t-shirt, assorted clothing for non-racing time. Bring a pillow for sleeping on the bus. **PACK A BREAKFAST & FULL WATER BOTTLE for the bus ride.**

Make sure to pack **a DAY backpack & snacks** for the Sat/Sun at the regatta. It's a large regatta in the city and the buses do not stay on site.

**Friday, July 8**

4:00pm – 6:00pm Short row and load trailer@Brittingham Boathouse.

**Saturday, July 9**

4:30 am Truck and trailer depart from Brittingham Boathouse.

5:00 am Bus departs Copps parking lot, 3650 University Avenue, with rowers, coaches and chaperones. **WHEELS ROLL AT 5 SHARP. Get there before 5.** Make sure to pack **a DAY backpack & snacks** for the Sat/Sun at the regatta. *The rest of the luggage will be with the bus.* (This is estimated departure; may change based on racing schedule.)

7:30 am Coaches and Coxswains Meeting

8:00 am- Rig and row at Lincoln Park Lagoon. Parents join us at camp!

6:30pm – Renaissance Chicago North Shore 933 Skokie Blvd, Northbrook, IL 60062 ([\(847\) 498-6500](tel:8474986500)) Dinner at hotel.

10:00pm – lights out

**Sunday, July 10**

**6:15 am Buses leave from hotel at second race day.**

7:30 am Coaches and Coxswains Meeting. Race all day.

*Be aware that buses will not remain at the racecourse during the day.*

6:00pm ETD Depends on race schedule. Depart Lincoln Park Lagoon.

9:30 pm ETA Arrive Copps parking lot, 3650 University Avenue. Rowers will call parents approx. 30 minutes prior to arrival.

**Chaperones: TBD**

**Trailer/truck drivers** (& chaperones at camp/hotel): Pete Fass 608-692-0902, Jeff Beckett

**Coaches: TBD**

*One coach may need to leave early to arrive in time for coach/cox meeting.*

***We encourage families to come for one or both days. For race times, see [www.regattacentral.com](http://www.regattacentral.com). WEAR YOUR CRRG GEAR!***

**LPBC Location:** Lincoln Park Boat Club's boathouse is located on the Lincoln Park Lagoon, within the Lincoln Park. The formal address is 2341 N. Cannon Drive, Chicago, IL 60614. This is near Fullerton Avenue and Lake Shore Drive. Please visit Google Maps to get detailed driving directions

**Parking for Spectators:** Due to the amount of events occurring within Chicago on July 11 and 12, parking around Lincoln Park will be in high demand. The Lincoln Park Zoo's lot will likely fill up early both days and street parking around the lagoon will be hard to find. We're advising those racing to plan accordingly. Paid parking is run through the Lincoln Park Zoo, with the parking lot entrance located at Fullerton Parkway and Cannon Drive (2400 N. Cannon Drive, Chicago, IL 60614). Parking fees are collected at the lot exit. Metered city street parking is available throughout the area as well. You can reserve ahead using <https://spothero.com/chicago>

**Twin Cities Junior Sweeps  
Bryant Lake Park District  
Eden Prairie, Minnesota  
Saturday July 23- Sunday July 24, 2016**

**What to pack:** Uniform (all competitors must wear their club colors on the water), hat, water bottle, sun screen, clothes for cooler weather, rain-gear, money for race t-shirt, assorted clothing for non-racing time, pillow and sleeping bag. Please bring a sack lunch for Saturday's bus ride – we will not stop for a meal.

**Friday, July 22**

4:00pm – 6:00pm Short row and load trailer @ Brittingham Boathouse.  
Trailer drivers: Jeff Beckett and Pete Fass

**Saturday, July 23**

8 AM Truck and trailer depart from Brittingham Boathouse for:  
Bryant Park, 6800 Rowland Road, Eden Prairie, MN 55344

10:00 AM Bus departs Cops parking lot, 3650 University Avenue, with rowers, coaches and chaperones.

Coaches: Shayla, Mitch, and others TBD  
Chaperones: TBD

3:00 PM ARRIVAL @ Bryant Park, 6800 Rowland Road, Eden Prairie, MN 55344  
-Rig and row on Lake Bryant.  
-Dinner at course/pizza  
-Rowers to go home and stay overnight with Twin Cities Youth families  
-Coaches, chaperones, bus drivers stay at: To be determined

**Sunday, July 24 - Race Day**

7:30 am Bus departs for regatta from hotel with coaches and chaperones.  
TBA (approx. 7:45am) - Rowers arrive at regatta with host families.

Breakfast and lunch at regatta site arranged by chaperones and/or parents traveling from Madison.

8:00am Coaches and Coxswains Meeting

9:00-4:00PM racing

5:00pm Departure

Jimmy John's and snacks provided on bus.

9:45 PM ETA Arrive Cops parking lot, 3650 University Avenue.

Rowers will call parents approximately 30 minutes prior to arrival.

Click Here for information about Bryant Lake Park, including directions.

<http://www.threeriversparks.org/parks/bryant-lake-park.aspx>